

SESSION XV

REVIEW AND PROFICIENCY EXAMINATIONS

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### REVIEW AND PROFICIENCY EXAMINATIONS

Upon successfully completing this session, the participant will be able to:

- o Demonstrate knowledge and proficiency in administering the Standardized Field Sobriety Test battery.

#### CONTENT SEGMENTS

#### LEARNING ACTIVITIES

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| A. Review of Horizontal Gaze Nystagmus | o Instructor-Led Presentation                  |
| B. Review of Walk and Turn             | o Instructor and Participant-Led Demonstration |
| C. Review of One-Leg Stand             | o Instructor and Participant-Led Demonstration |
| D. Video Demonstration                 | o Video Demonstration                          |
| E. Proficiency Exam                    | o Participant Proficiency Examination          |

## REVIEW AND PROFICIENCY EXAMINATIONS

During this session, you will review the administrative procedures for the three Standardized Field Sobriety Tests. You will participate in and observe demonstrations of those tests in the classroom and you will view video demonstrations.

Near the end of this session, you will be examined to determine proficiency in administering the three tests. Study the Participant's Performance Checklist. You must perform each administrative step perfectly to pass the proficiency examination.

PARTICIPANT PROFICIENCY EXAMINATION  
STANDARDIZED FIELD SOBRIETY TEST BATTERY

Participant Name: \_\_\_\_\_ Date: \_\_\_\_\_

I. HORIZONTAL GAZE NYSTAGMUS

- \_\_\_\_\_1. Have Subject remove glasses if worn.
- \*\_\_\_\_\_2. Stimulus held in proper position (approximately 12"-15" from nose, just slightly above eye level).
- \_\_\_\_\_3. Check for equal pupil size and resting nystagmus.
- \_\_\_\_\_4. Check for equal tracking.
- \*\_\_\_\_\_5. Smooth movement from center of nose to maximum deviation in approximately 2 seconds and then back across subject's face to maximum deviation in right eye, then back to center. Check left eye, then right eye. (Repeat)
- \*\_\_\_\_\_6. Eye held at maximum deviation for a minimum of 4 seconds (no white showing). Check left eye, then right eye. (Repeat)
- \*\_\_\_\_\_7. Eye moved slowly (approximately 4 seconds) from center to 45 angle. Check left eye, then right eye. (Repeat)
- \_\_\_\_\_8. Check for Vertical Gaze Nystagmus. (Repeat)

II. WALK-AND-TURN

- \_\_\_\_\_1. Instructions given from a safe position.
- \*\_\_\_\_\_2. Tells subject to place feet on a line in heel-to-toe manner (left foot behind right foot) with arms at sides and gives demonstration.
- \*\_\_\_\_\_3. Tells subject not to begin test until instructed to do so and asks if subject understands.
- \*\_\_\_\_\_4. Tells subject to take nine heel-to-toe steps on the line and demonstrates.
- \*\_\_\_\_\_5. Explains and demonstrates turning procedure.

- \*\_\_\_\_6. Tells subject to return on the line taking nine heel-to-toe steps.
- \*\_\_\_\_7. Tells subject to count steps out loud.
- \*\_\_\_\_8. Tells subject to look at feet while walking.
- \*\_\_\_\_9. Tells subject not to raise arms from sides.
- \*\_\_\_\_10. Tells subject not to stop once they begin.
- \*\_\_\_\_11. Asks subject if all instructions are understood.

### III. ONE-LEG STAND

- \_\_\_\_1. Instructions given from a safe position.
- \_\_\_\_2. Tells subject to stand straight, place feet together, and hold arms at sides.
- \_\_\_\_3. Tells subject not to begin test until instructed to do so and asked if subject understands.
- \*\_\_\_\_4. Tells subject to raise one leg, either leg, approximately 6" from the ground, keeping raised foot parallel to the ground, and gives demonstration.
- \*\_\_\_\_5. Tells subject to keep both legs straight and to look at elevated foot.
- \*\_\_\_\_6. Tells subject to count out loud in the following manner: one thousand and one, one thousand and two, one thousand and three, until told to stop, and gives demonstration.
- \_\_\_\_7. Checks actual time subject holds leg up. (Time for 30 seconds.)

Instructor: \_\_\_\_\_